

REALSTORIES

From the outside, my life seemed perfect. I earned a full scholarship to Mizzou because I was a great student in high school. I made friends easily and had a fantastic boyfriend. But my life was far from perfect. After regularly missing practice and skipping classes, I was on the verge of flunking out. A professor suggested I talk with a counselor, and it saved my life. Today I'm a college graduate, I've got a fun job and I'm thinking about going to grad school. I keep close tabs on my mental health, and I make an appointment with my therapist whenever I need to de-stress.

-Audrey, 24

MU Counseling Center, 119 Parker Hall
Located on 6th Street (north of Engineering)
(573) 882-6601

MU Student Health Center, 1101 Hospital Drive
Located at Hitt St. & Hospital Dr.
(573) 882-7481

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Please note, while this is a real story from a college student, the person featured does not attend the University of Missouri - Columbia.

