





7 in 10
Tigers have
4 OR FEWER
DRINKS
when partying



HOW TO STAY SAFE:

Go out with groups of friends and have someone remain sober

Count your drinks - use straws, bottle caps, or tabs to track how many drinks you've had

Alternate alcoholic drinks with non-alcoholic beverages or water

Eat a meal high in protein before going out to slow the rate at which alcohol absorbs into your bloodstream



98%
of MU Students would
DO SOMETHING
if they thought their
friend had
**ALCOHOL
POISONING**



77%

MU students prefer to
**KISS SOMEONE
WHO IS
NOT DRUNK**



STRIPES

GET HOME SAFELY

CALL STRIPES: 442-9672

Ride with a driver who has not been drinking

Arrange for a friend to give you a ride



WHAT'S "ONE DRINK"?

