



82%

of MU students

**have not misused
prescription drugs**
for any reason.

This means that most MU students have not taken medication without a doctor's prescription or abusing a valid prescription.

Learn more @ rx.missouri.edu



88%

of MU students agree that **using prescription drugs without a prescription** is **equally dangerous as illegal drugs.**

Learn more @ rx.missouri.edu



Drug Effects

Prescription Drug Type	Health Risks	Other Consequences
Stimulants		
Adderall, Ritalin, Vyvanse, Concerta	High fever, convulsions, anxiety, hostility, nervousness, seizures, increased heart rate, respiration rate and blood pressure	Stimulants put excessive strain on the heart which can lead to heart failure and death
Pain Relievers		
Vicodin, Percocet, Oxycotin	Liver damage, intoxication, decreased mental alertness and concentration, nausea, vomiting, confusion, decreased concentration and decreased pain threshold	Regular or long term misuse can lead to physical dependence and in some cases addiction
Sleep Medications		
Ambien, Sonata, Lunesta, Rozerem	Lowered blood pressure, increased risk of respiratory distress and death when combined with alcohol	Combining sleep medications with alcohol is especially dangerous and can lead to death
Sedatives		
Valium, Xanax, Ambien	Loss of coordination, slowed reflexes, respiratory depression, aggressive behavior, hallucinations, inability to form memories while taking	Sudden withdrawal can cause convulsions and delirium

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Mizzou has many resources to help you deal with the reasons you might misuse prescription drugs!

The Learning Center (within the Student Success Center)

Offers in-person and online writing help, individual and group tutoring, and resources to help you with your academic goals!

The Wellness Resource Center

Offers wellness, fitness and nutrition counseling at low to no cost.

The Student Health Center

Offers mental health counseling, stress management, and medical care which are paid for with your student fees!

Learn more @ rx.missouri.edu



Keep Your Medications Safe

Don't share your medications

Medications prescribed to you are for you alone and can have very dangerous effects on those you share with! It is also illegal to share your medications with others- you can be convicted as a drug dealer.

Keep Your Medications Low-Profile

Store your medications in a locked box or cabinet out of sight. You can get a FREE medication locking cap from the Wellness Resource Center!

Properly Dispose Of Old/Unused Medications

Take unused medications to your local disposal drop-box or take-back event! You can find out where and when these are held at rx.missouri.edu/resources

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It is ILLEGAL
to take prescription drugs
without a prescription.

It is ILLEGAL
to distribute prescription
drugs to anyone.
This includes just giving
a pill or two to a friend.

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**THERE'S
NO EXCUSE**

for

**PRESCRIPTION
DRUG ABUSE**

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