

# Step Up!

[wellness.missouri.edu/stepup](https://wellness.missouri.edu/stepup)

# How to **Step UP!**

- ✓ **Take personal responsibility - don't assume someone else will do something!**
- ✓ **Be aware of your surroundings so you can Step Up!**
- ✓ **Choose to care - we each influence the community we live in**
- ✓ **YOU have the power to change an outcome for someone in a risky situation**

**Do Something!**

# **If you see someone who appears to be incapacitated, drunk or under the influence of some type of substance...**

## **Direct Responses**

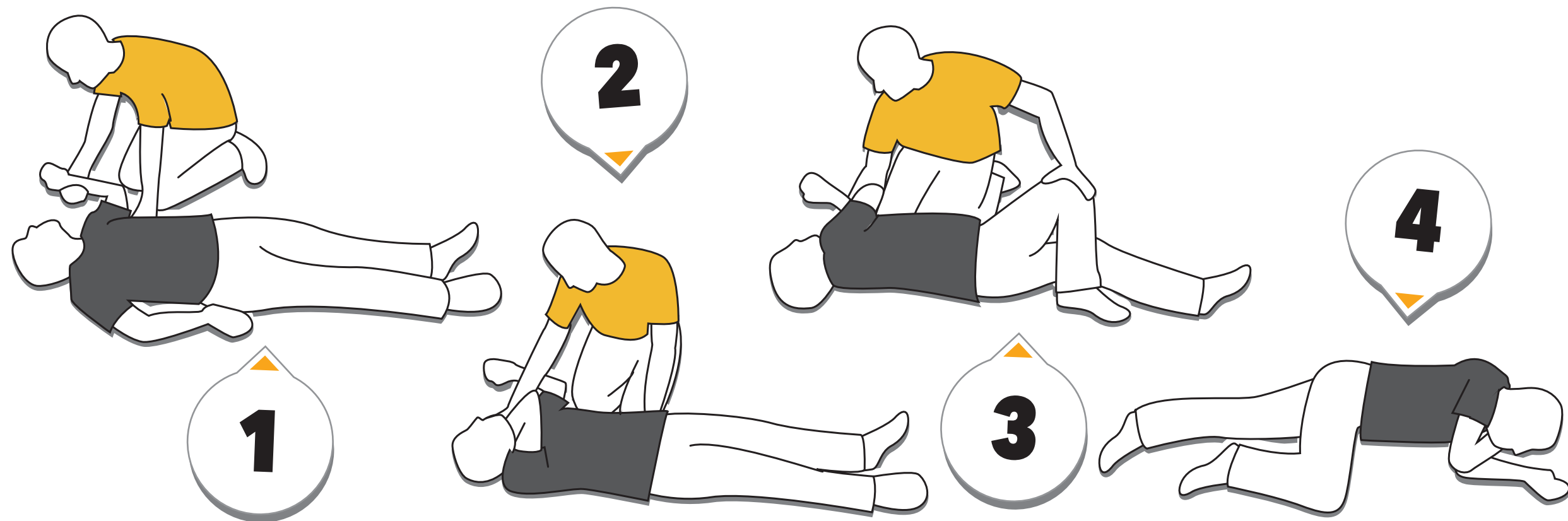
- ✓ Check in with the person to see if they need anything
- ✓ Ask the person if they have a friend with them and/or locate the friend to check in

## **Indirect Responses**

- ✓ Call an authority figure anonymously
  - ✓ Create a distraction of any kind
- ✓ Ask the person if they know what time it is
- ✓ Call attention to the bartender/host to make sure they follow up on the person's safety

# Alcohol Poisoning

**What to do while waiting for help to arrive:**



# Take Note!

**The University of Missouri has a Good Samaritan policy.**

**MU encourages students to Step Up during alcohol related emergencies by not imposing sanctions on the bystander under most circumstances. However, if you choose not to Step Up, MU reserves the right to take disciplinary action.**

