MU MYTHBUSTERS

MYTH

IT'S NO BIG DEAL IF I SEND A FEW TEXTS WHILE DRIVING.

BUSTED

Text messaging while driving can be just as dangerous as drunk driving. It is now illegal in the state of Missouri to text message while driving if you are 21 and under.

- Distracted driving is a contributing cause of 10% of fatal crashes and 30% of total crashes
- Using your cell phone while driving makes you four times more likely to be in a crash
- The reaction time of those who text message while driving decreases by 35%, making it much more difficult to avoid a crash
- Texters are much more prone to drift out of their lane—their steering control is 91% poorer than that of attentive drivers.
- Texting while driving can be just as dangerous as drinking and driving!

Put down your cell phone while driving!

WANT MORE PROOF?

WELLNESS.MISSOURI.EDU/MYTHBUSTERS

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